



Catholic Education Week & Children's Mental Health Week @ St. John XXIII CES

Monday, May 3	Tuesday, May 4	Wednesday, May 5	Thursday, May 6	Friday, May 7
<p><u>Today's Theme:</u> <i>Preparing the Earth</i></p> <p>What is hope? What do you hope for? How can I spark hope in others?</p>	<p><u>Today's Theme:</u> <i>Sowing Seeds of Gratitude</i></p> <p>How do I learn about hope? How do I offer gratitude to others?</p>	<p><u>Today's Theme:</u> <i>Cultivating Relationships</i></p> <p>How do I build relationships? How can I share my message of hope?</p>	<p><u>Today's Theme:</u> <i>Harvesting New Fruit</i></p> <p>How can I use the Fruits of the Holy Spirit in my everyday life? How have I changed over this past year?</p>	<p><u>Today's Theme:</u> <i>Marvelling in Wonder</i></p> <p>How can I proclaim God's word?</p>
School Activities				
<p>Food Drive Drop Off @ SJXXIII (8 am - 3 pm)</p> <p>Nurturing Hope Liturgy @ 9:05 am (Whole School)</p> <p>K-8 Assembly Babarinde Williams "The Story of Josephine Bakhita" @ 2:35 pm</p>	<p>Food Drive Drop Off @ SJXXIII (8 am - 3 pm)</p> 	<p>Food Drive Drop Off @ SJXXIII (8 am - 3 pm)</p> <p>CEW Mass by Cardinal Collins @ 11 am</p> <p>CLICK HERE</p> 	<p>Food Drive Drop Off @ SJXXIII (8 am - 3 pm)</p> <p>A Million Dreams</p> <p>What do you dream about? How can you use your God given gifts in your everyday life?</p> 	<p>K-8 Assembly Loretta Penny "BACK TO NATURE PRESENTATION: Understanding Our Connections to Nature in Ontario!" @ 11:00 am</p> <p>Appreciate Nature</p> <p>Take a moment to thank God for all of the beauty and wonders you see.</p>

Family Activities

Please consider sharing with us via email to j23@ycdsb.ca or on Twitter @SJXXIIICES

Plant some seeds in peat pots and put them near a window. Document their growth on a chart.



Go for a Nature Walk as a family and pray together to thank God for all the beauty you see.



Create a message of hope in chalk on your driveway or sidewalk for passersby to read or create a poster to put in a window.



Music makes us happy. Create a playlist of happy music, play this in your backyard or if you are able, send it to a family member whom you miss.



Take part in a bird count or animal count. Go to Observation Nation (inaturalist.ca) Take a moment to thank God for all of the beauty you see.

