



YCDSB Unionville Schools:  
**All Saints, St. Matthew, St. Monica, St. John XXIII and St. Justin, Martyr**  
present a parent evening on

## **CHILDREN'S MENTAL HEALTH**

Working Together to Promote our Children's Mental Well-Being

Presenter **Dr. Geoff Sorge,**  
YCDSB Board Psychologist and Mental Health Lead

Date: **Monday January 29, 2018**  
**7:00—8:00 p.m.**

Location: **St. John XXIII CES**  
**125 Krieghoff Ave., Unionville**

Dr. Sorge will present strategies to parents to help children manage their stress and anxiety and promote healthy emotional and social development.

A parent anxiety workbook will also be presented.

**All parents are welcome!**

PLEASE RSVP St. John XXIII School at 905 477 3288  
if you plan to attend

by Wednesday, January 24th, 2018